

## Nut and Seed Cocoa Energy Balls

The perfect afternoon snack to keep you going to the end of the day with all the energy you need!

Makes approximately 24 balls the size of a large walnut. One ball is a good portion for an adequate serving; two is ok if you are extra hungry and on the go.



### Ingredients

<input type="checkbox"/>	1/2 cup Brazil Nuts
<input type="checkbox"/>	1/2 cup Cashew nuts
<input type="checkbox"/>	1/2 cup Almonds
<input type="checkbox"/>	1/2 cup sunflower seeds
<input type="checkbox"/>	3 tablespoons Raw Cacao powder (or Cocoa if that's all you have)
<input type="checkbox"/>	12 pitted Medjooli Dates
<input type="checkbox"/>	1/4 cup coconut oil
<input type="checkbox"/>	1/4 cup chia seeds
<input type="checkbox"/>	pinch salt

### Instructions

- Place all ingredients into the food processor.
- Process until finely ground and clumping/sticking together.
- Roll into balls about the size of a large walnut then roll in finely chopped walnuts or other nut, or shredded coconut.

### Tips & Tricks

- Keep for 1 week in the fridge, if you think there is a chance of that!
- Great for the kids lunchbox.
- These also freeze well.