

## Tahini Dressing

My all time favourite is absolutely delicious and probably the ultimate dressing for your health - and it keeps in the fridge for a week!

- ½ cup hulled tahini
- Juice of one large lemon
- 1 tablespoon raw apple cider vinegar
- 1 teaspoon tamari
- 1 teaspoon honey
- 1 clove crushed garlic
- 2 tablespoons extra virgin olive oil
- Salt to taste

- Blend with a spoon until smooth.
- Add water to desired consistency.

